

## How to access our services

Each service we provide covers different areas. Visit our website for the full list of areas we cover.

We are happy to receive referrals and work with other providers to support people with disability.

If you feel that you or someone else would match with one of our services, we would love to hear from you!



Since 1986, Self Advocacy Sydney has been supporting people with intellectual disability become self advocates.



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Website:

**<http://www.sasinc.com.au>**



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*Self Advocacy Sydney Inc.*  
*Speaking for Ourselves*

## Our Services

Self Advocacy Sydney is a non-profit organisation providing a range of free programs and services for people with disability



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## About Self Advocacy Sydney Inc.

Self Advocacy Sydney is a non-profit organisation providing a range of free programs and services for people with disability.

These programs and services include:

- Self Advocacy
- Individual Advocacy
- NDIS Appeals
- New Leaders and Peer Support
- My Home, My Choice
- Let's All Play

We provide individual and group support for a range of topics.



## Our Services

**Self Advocacy** supports someone with intellectual disability to be able to speak up and represent themselves. They can be supported to grow and learn whilst making their own choices and taking control of their lives.

**Individual Advocacy** supports people with any type of disability by speaking on their behalf and working together with the client so that they can achieve their personal goals.

**All of our programs and services are FREE**

**NDIS Appeals** is a service that helps people who want to appeal a decision made by the National Disability Insurance Agency (NDIA).

**New Leaders and Peer Support** provides two types of training to people with intellectual disability:

- **New Leaders** is for younger people who want to learn to be future leaders and make positive change.
- **Peer Support** is for people who want to be supported and support other people.

**My Home, My Choice** is a program that supports people with intellectual disability know their home and living choices.

**Let's All Play** is a program for young people with intellectual disability and their families to engage and participate in sports.