



Australian Government
Department of Social Services

6 National Standards of Disability Services:

- Rights
- Participation and Inclusion
- Individual Outcomes
- Feedback and Complaints
- Service Access
- Service Management

**Self Advocacy Support
is free of cost!**

Since 1986, Self Advocacy Sydney has been supporting people with intellectual disability to become Self Advocates.

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Self Advocacy Sydney Inc.
Speaking for Ourselves

Self Advocacy

A free service for all people
with intellectual disability

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Self Advocacy Sydney (SAS) is part of the
National Disability Advocacy Program (NDAP)

What is Self Advocacy?

Self Advocacy is a service that supports people with an intellectual disability to become their own self advocates.

Self Advocacy is:

- Speaking for yourself
- Knowing your rights
- Making real choices
- Learning new skills
- Working in a community
- Making positive changes



Why is Self Advocacy Important?

- We want to speak for ourselves and make our own choices
- We can support each other to grow and learn
- People can see the value that people with intellectual disability have

What Self Advocacy can do for you:

- Provide one-on-one support to clients
- Run individual or group information sessions on topics clients choose
- Help people with intellectual disability be active in their community.
- Talk with other organisations so they can help their clients

We are here to support you.

