



Photo: SAS Staff smiling in front of a big tree. Photo taken before NSW lockdown.

Welcome to our first SAS eNews!

In this volume you will find:

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3. Leadership and Peer Support (LAPS)
4. Watsons Bay With Julie
5. Stay Safe, Stay Home - Client Stories
6. Stay Connected With Us

# Our Services



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Email: [info@sasinc.com.au](mailto:info@sasinc.com.au)

Website: [www.sasinc.com.au](http://www.sasinc.com.au)

## Self Advocacy

### Angelo Hatz and Stephanie Siagian

Self Advocacy supports anyone with intellectual disability to speak up and represent themselves.



## Individual Advocacy

### Deborah Ma (Coordinator) and Cynthia Buthapaty

Individual Advocacy gives advocacy support to people with any type of disability to take action on their behalf and in their best interests.



## NDIS Appeals

### Petra Samson (Coordinator)

NDIS Appeals is a service that helps people who want to appeal a decision made by the National Disability Insurance Agency (NDIA).

## The Disability Royal Commission

The Disability Royal Commission wants to hear from people who have experienced abuse, violence, neglect or exploitation.

SAS can support you by hearing your story and writing it down or making a recording.

# Leadership and Peer Support (LAPS)

- Become a Future Leader and create positive change.
- Join other clients and mentors supporting each other.

**Contact one of our offices today!**



## **Blacktown, covers Sydney area** **Karen Gorman and Luke Wheatley**

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## **Gosford, covers Central Coast area** **Yvonne Berry-Porter and Ben Brown**

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## **Katoomba, covers Blue Mountains area** **Elouisa West (Team Leader) and Erin Kuch**

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# Watsons Bay With Julie



Photos: A mix of 8 photos taken of SAS Staff with Julie at Watsons Bay. Photos taken before NSW lockdown.

Our Self Advocacy Coordinator Julie has retired.

She was in this role for over 30 years.

Julie will now be a part of our Executive Board.

We took her to lunch at Watsons Bay to celebrate!

# Stay Safe, Stay Home - Client Stories

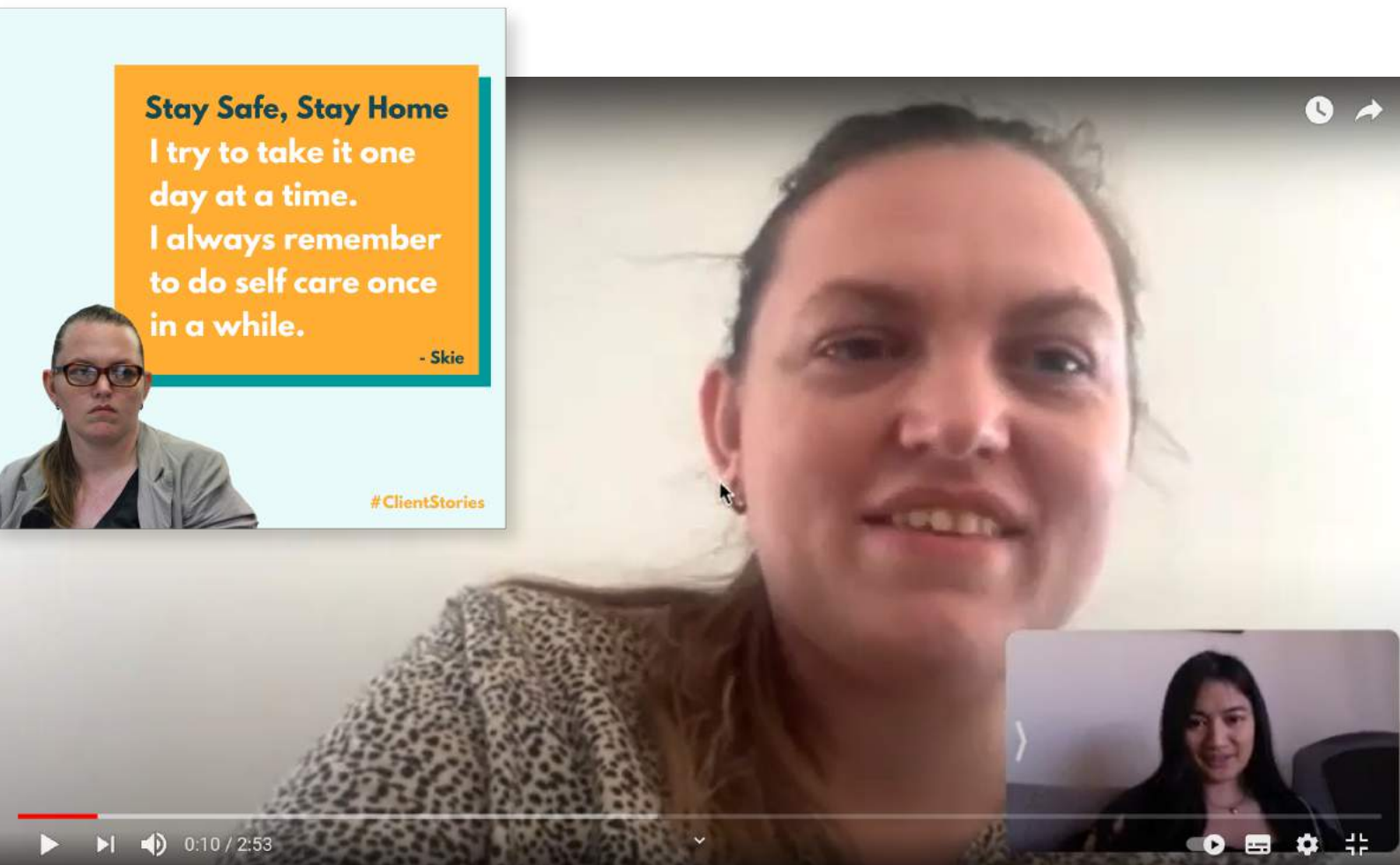


Image 1: Our client Skie on a light teal background, with a quote from her interview, saying "I try to take it one day at a time. I always remember to do self care once in a while."

Image 2: A screen shot of our video call interview with Skie. Our client Skie appears on screen and staff member Stephanie appears at the bottom right of the image.

Clients are staying home during the NSW Lockdown.

They shared stories with us from home on video call.

We heard about activities clients are doing to keep busy.

They also told us how important ways to stay positive.



# Stay Connected With Us



Photo: Staff from our Self Advocacy and LAPS teams are standing together, smiling towards the camera happily. Photo taken before NSW lockdown.

We are still open and supporting clients during lockdown!

All SAS services are available right now.

Stay connected with us in video calls and online training.

Become a Self Advocate today!

*Self Advocacy Sydney Inc.*  
*Speaking for Ourselves*

Phone: 0401 031 337

Email: [info@sasinc.com.au](mailto:info@sasinc.com.au)

Website: [www.sasinc.com.au](http://www.sasinc.com.au)