



**Australian Government**  
**Department of Social Services**

## 6 National Standards of Disability Services:

- Rights
- Participation and Inclusion
- Individual Outcomes
- Feedback and Complaints
- Service Access
- Service Management

**Self Advocacy Support  
is free of cost!**

Since 1986, Self Advocacy Sydney has been supporting people with intellectual disability to become Self Advocates.

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Certificate Number:  
286984 - 2019  
30 April, 2022

This Pamphlet was last updated: 26/04/2021  
Funded by the Department of Social Services

*Self Advocacy Sydney Inc.*  
*Speaking for Ourselves*

# Self Advocacy

A free service for all people  
with intellectual disability

**Suite 214, Level 2**

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**Blacktown 2148**

Self Advocacy Sydney (SAS) is part of the  
National Disability Advocacy Program (NDAP)

## What is Self Advocacy?

Self Advocacy is a service that supports people with an intellectual disability to become their own self advocates.

Self Advocacy is:

- Speaking for yourself
- Knowing your rights
- Making real choices
- Learning new skills
- Working in a community
- Making positive changes



## Why is Self Advocacy Important?

- We want to speak for ourselves and make our own choices
- We can support each other to grow and learn
- People can see the value that people with intellectual disability have

## What Self Advocacy can do for you:

- Provide one-on-one support to clients
- Run individual or group training on topics clients choose
- Help people with intellectual disability be active in their community.
- Talk with other organisations so they can help their clients become Self Advocates.

We are here to support you.

