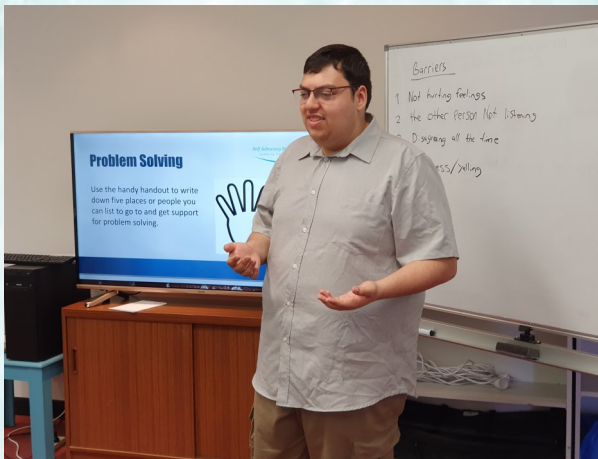


## What is Self Advocacy?

- Speaking for yourself.
- Knowing your rights.
- Making real choices.
- Learning new skills.
- Working in a community.
- Making positive changes.



All Self Advocacy  
Support is free of cost!

Self Advocacy Sydney  
is an organisation run  
by and for people with  
intellectual disability.

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*Self Advocacy Sydney Inc.*  
*Speaking for Ourselves*

## Self Advocacy

People with intellectual disability  
Speaking for ourselves since 1986



**Suite 214, Level 2**

**Town Centre Building**

**30 - 32 Campbell Street**

**Blacktown 2148**

Self Advocacy Sydney (SAS) is part of the  
National Disability Advocacy Program (NDAP)

## Why Self Advocacy is so important:

- We want to speak for ourselves and make our own choices.
- Most of our lives other people have made decisions for us.
- By working together we can support each other to grow and learn.
- We want communities to understand and value the abilities of people with intellectual disability.



## 6 National Standards of Disability Services:

- Rights
- Participation and Inclusion
- Individual Outcomes
- Feedback and Complaints
- Service Access
- Service Management

*Self Advocacy Sydney Inc.*  
Speaking for Ourselves

## What Self Advocacy Sydney does:

- Provide individual support to help people become Self Advocates.
- Run individual or group training on topics clients want to learn about.
- Talk with other organisations so they can help their clients become Self Advocates.
- Support people of all ages with intellectual disability take an active role within their community.

