

April to May 2020

Feature: Workplace, Staying Connected

Self Advocacy Sydney Inc.

Speaking for Ourselves



30-32 Campbell Street
Level 2, Suite 214
Blacktown NSW 2148
P.O. Box 8049



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Twitter: www.twitter.com/SelfAdvocacySyd

Instagram: www.instagram.com/SelfAdvocacySydneyInc



Cert. No. - 286984 - 2020
30 April, 2022

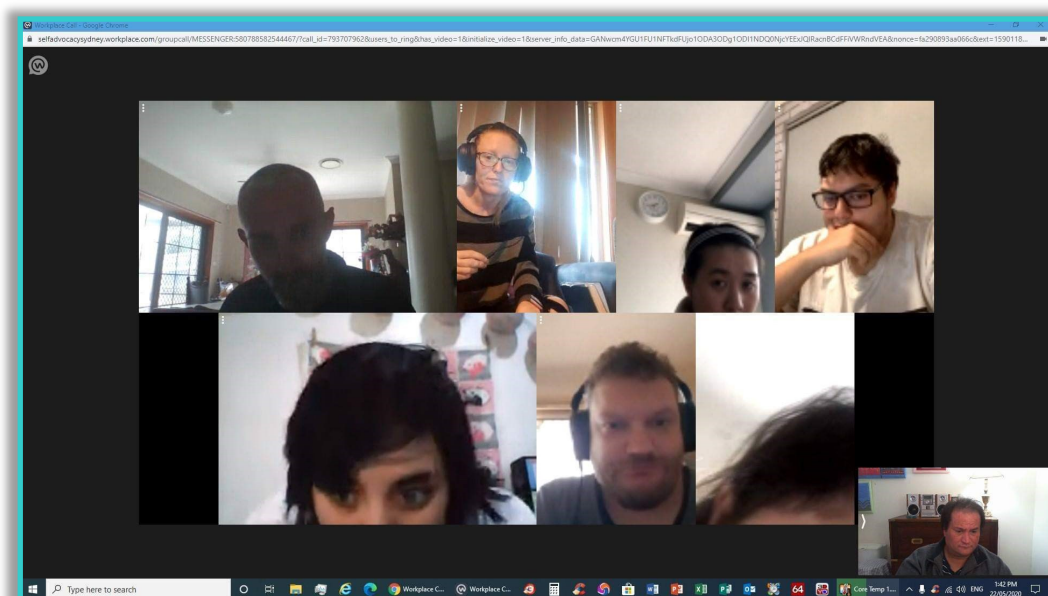
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Introduction

Self Advocacy Sydney is an organisation that provides a FREE service for people with intellectual disabilities to get support, information and training to be a Self Advocate. **Services that Self Advocacy Sydney provide for clients:**

- **Self Advocacy** (Julie Loblinzk) - 0419 970 204
- **Individual Advocacy** (Deborah Ma) - 0432 516 930
- **NDIS Appeals** (Petra Samson) - 0412 759 668
- **Leadership Development** (Ross Lewis) - 0409 670 119
- **Disability Royal Commission** (Arthur Bozikas) - (02) 9622 3005



Executive Board



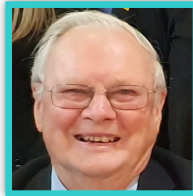
President

Peter Lockyer



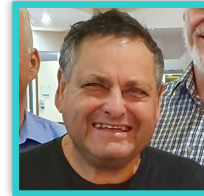
Secretary

Professor
Iva Strnadova



Patron

Professor
Trevor Parmenter AM



Treasurer

Joe Refalo



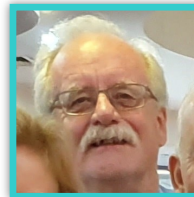
Board Member

Hannen Abdallah



Board Member

Bruce O'Brien



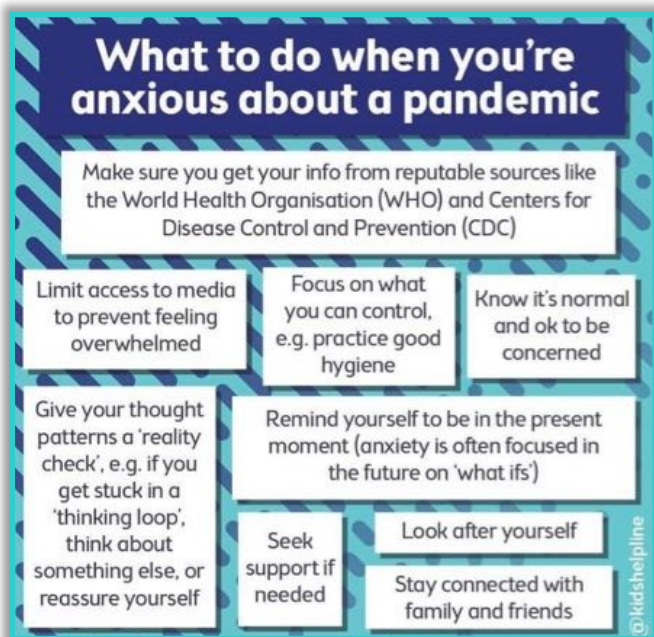
Board Member

John Beard



Board Member

Robert Strike AM



COVID-19 Anxiety Tips



Workplace logo

Staff



Admin Manager

Gwen David



CEO

Arthur Bozikas OAM JP



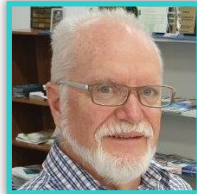
Advocacy Consultant

Maria Katrivesis



**Self Advocacy
Co-ordinator**

Julie Loblinzk



**Leadership Program
Co-ordinator**

Ross Lewis



**Individual Advocacy
Co-ordinator**

Deborah Ma



**NDIS Appeals
Co-ordinator**

Petra Samson



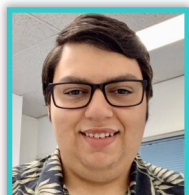
**Self Advocacy
Officer**

DJ Palazon



**Leadership Program
Officer**

Natalie Williams-Gilbey



**Self Advocacy
Officer**

Angelo Hatzimanolis



**Leadership Program
Officer**

Jessica Chui



**Promotions
Officer**

Russell Wheatley

Workplace At Home

Our new Leadership Team has made getting through isolation much easier by setting up everyone on Workplace. They have all been very patient, caring and helpful for all of us.

From all Clients, Board Members and Staff we would like to say a huge thank you for all your efforts!



On May 15 we had our first ever SAS Peer Mentors meeting which was well attended. Robert Strike joined in which was a very pleasant surprise!

The meeting is held fortnightly on Fridays at 1pm, alternating with the client catch-up. The goal of the fortnightly meeting is to support and equip people with intellectual disability to provide peer to peer support.

Joining Workplace

Instructions for joining Workplace

1. Send email and mobile number to:
nataliewilliamsgilbey
sas@gmail.com



2. You will receive email from Workplace



3. Click on the Green button

Join Your Team

4. Create your own password



5. You should now be all set up!



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Coronavirus: **BE AWARE, NOT SCARED**



The Coronavirus
(COVID - 19) is now in
Australia.



Most people will
recover if they get the
Coronavirus.



Older people and people
with certain medical
conditions have more
risk.



If you are sick and have
problems breathing you

What This Means For SAS

**It is important that Clients,
Board Members and SAS Staff
stay safe. Here are things we
have put in place:**



The SAS Office will be
closed until further
notice. We will review this
by the 4th of April.



All staff will be working
from home, and we will
no longer hold face to
face meetings, only

Self Advocacy Sydney Inc.
Speaking for Ourselves

**PLEASE NOTE: Self Advocacy
Sydney doesn't offer medical
advice.**

For official health advice, follow
updates from the Australian
Department Of Health (link).

Phone Health Direct on:
1800 022 222

If you think you might have
Coronavirus speak to your local
Doctor or go to your local hospital
emergency department. **It is
important to ring first!**

Remember: **BE AWARE, NOT SCARED**

Coronavirus: **BE AWARE, NOT SCARED**

SAS Contact Details

REMEMBER if you need any assistance or need to contact us you can still call these numbers:



CEO

Arthur Bozikas OAM JP

0419 970 206

SAS Office

(02) 9622 3005

(leave a short message)

Self Advocacy Sydney Inc.

Speaking for Ourselves

We also understand that this can be a very uncertain and scary time for a lot of people.

Lifeline is available any time of the day or night on:
13 11 14

Lifeline Text is also available nightly, 6pm - midnight (AEDT) on:
0477 131 114

Beyond Blue is available any time of the day or night on:
1300 22 4636

PLEASE NOTE: Self Advocacy Sydney doesn't offer medical advice.

For official health advice, follow updates from the Australian Department Of Health ([link](#)).

Phone Health Direct on:
1800 022 222

If you think you might have Coronavirus speak to your local Doctor or go to your local hospital emergency department. **It is important to ring first!**

**Remember:
BE AWARE,
NOT SCARED**

An Individual Advocate:

- Is someone who stands up for your rights.
- Can help you solve your problem.
- Is on your side.
- Can help any person with



What Can Individual Advocacy Help You With?

- To get a service you need.
- Speaking to a Government Department.
- Making a complaint.
- If you are experiencing abuse and / or Discrimination.
- Support when facing big changes in life.

Self Advocacy Sydney Is An Organisation Run By And For People With Intellectual Disability



What areas do we cover?

- Auburn
- Baulkham Hills
- Blacktown
- Guildford
- Hawkesbury
- Ku-Ring-Gai

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SAS NDIS Appeals:

Self Advocacy Sydney (SAS) can help you if you decide to appeal a National Disability Insurance Scheme (NDIS) decision.

Let us now support you to challenge a National Disability Insurance Agency (NDIA) decision within the Administration Appeals Tribunal (AAT).



We Can Help With Decisions Relating To:

- Eligibility.
- Inadequate funding.
- Plan management issues.
- Support coordination issues.
- Transport issues.

We Can Also Assist With:

- Explaining your NDIA decision letters.
- Access decisions.
- Plains and reviews.

Self Advocacy Sydney Is An Organisation Run By And For People With Intellectual Disability



We cover these Sydney areas:

- Inner West / Outer West
- South West / Inner South West
- North / Northern Beaches
- Sydney City
- Eastern Suburbs
- Blacktown
- Parramatta
- Ryde
- Sutherland
- Baulkham Hills
- Hawesbury