

February to March 2020

Feature: Disabled Surfers Association

Self Advocacy Sydney Inc.

Speaking for Ourselves



30-32 Campbell Street
Level 2, Suite 214
Blacktown NSW 2148
P.O. Box 8049



Telephone: 9622 3005
Fax: 9622 6030

Internet: www.sasinc.com.au

E-Mail: info@sasinc.com.au

Facebook: www.facebook.com/SelfAdvocacySydney

Twitter: www.twitter.com/SelfAdvocacySyd

Instagram: www.instagram.com/SelfAdvocacySydneyInc



Cert. No. - 286984 - 2020
30 April, 2022

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Introduction

Self Advocacy Sydney is an organisation that provides a FREE service for people with intellectual disabilities to get support, information and training to be a Self Advocate. **Services that Self Advocacy Sydney provide for clients:**

- **Self Advocacy** (Julie Loblinzk) - 0419 970 204
- **Individual Advocacy** (Deborah Ma) - 0432 516 930
- **NDIS Appeals** (Petra Samson) - 0412 759 668
- **Leadership Development** (Ross Lewis) - 0409 670 119
- **Disability Royal Commission** (Arthur Bozikas) - (02) 9622 3005



In February SAS Staff and Board Members met with the wonderful organisation Positive Powerful Parents.



Executive Board



President

Peter Lockyer



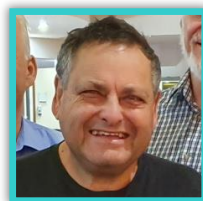
Secretary

Professor
Iva Strnadova



Patron

Professor
Trevor Parmenter AM



Treasurer

Joe Refalo



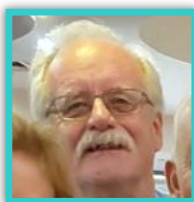
Board Member

Hannen Abdallah



Board Member

Bruce O'Brien



Board Member

John Beard



Board Member

Robert Strike AM



We are proud to announce that SAS now has a brand new courtesy bus! We will be using it to assist Clients that would like to participate in outings.

Staff



Admin Manager

Gwen David



CEO

Arthur Bozikas OAM JP



Advocacy Consultant

Maria Katrivesis



**Self Advocacy
Co-ordinator**

Julie Loblinzk



**Leadership Program
Co-ordinator**

Ross Lewis



**Individual Advocacy
Co-ordinator**

Deborah Ma



**NDIS Appeals
Co-ordinator**

Petra Samson



**Self Advocacy
Officer**

DJ Palazon



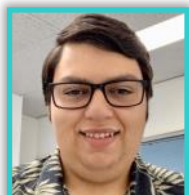
**Leadership Program
Officer**

Natalie Williams-Gilbey



**Individual Advocacy
Officer**

Cynthia Buthapaty



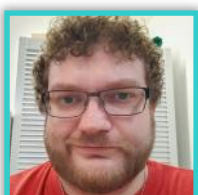
**Self Advocacy
Officer**

Angelo Hatzimanolis



**Leadership Program
Officer**

Jessica Chui



**Promotions
Officer**

Russell Wheatley



**Leadership Program
Officer**

Stephanie Raeburn

SAS Goes Surfing! (Part 1)

Surf's Up!

Wow, what a fantastic day at Toowoona Bay, Central Coast on Saturday, 1st February. SAS attended the Disabled Surfers Association (DSA) of Australia event and there were 124 wonderful volunteers and a record 58 participants, including SAS.



Angelo rides a wave. Way to go Ang!



Julie celebrates with DSA on the beach.



Robert and Alexis celebrate with DSA on the beach.



Peter celebrates with DSA on the beach.



Bruce rides a wave. Way to go Bruce!

SAS Goes Surfing! (Part 2)

What fantastic day at Umina on Saturday March 7.

Thank you to Umina SLSC, especially to The Central Coast DSA for hosting another fantastic event. This time both Isis and Robert were awarded medals for their outstanding efforts and Julie was specially awarded the Wipe Out Of The Day award!



Isis celebrates her outstanding effort medal!



Julie celebrates her Wipe Out Of The Day award!



Robert celebrates his outstanding effort medal!

Monthly Training

'Self Assessment Training'

February 2020

DJ, Angelo and Russell assisted clients with understanding Self Advocacy Sydney and our 6 Standards.



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Coronavirus: **BE AWARE, NOT SCARED**



The Coronavirus
(COVID - 19) is now in
Australia.



Most people will
recover if they get the
Coronavirus.



Older people and people
with certain medical
conditions have more
risk.



If you are sick and have
problems breathing you

What This Means For SAS

**It is important that Clients,
Board Members and SAS Staff
stay safe. Here are things we
have put in place:**



The SAS Office will be
closed until further
notice. We will review this
by the 4th of April.



All staff will be working
from home, and we will
no longer hold face to
face meetings, only

Self Advocacy Sydney Inc.
Speaking for Ourselves

**PLEASE NOTE: Self Advocacy
Sydney doesn't offer medical
advice.**

For official health advice, follow
updates from the Australian
Department Of Health (link).

Phone Health Direct on:
1800 022 222

If you think you might have
Coronavirus speak to your local
Doctor or go to your local hospital
emergency department. **It is
important to ring first!**

Remember: **BE AWARE, NOT SCARED**

Coronavirus: **BE AWARE, NOT SCARED**

SAS Contact Details

REMEMBER if you need any assistance or need to contact us you can still call these numbers:



CEO

Arthur Bozikas OAM JP

0419 970 206

SAS Office

(02) 9622 3005

(leave a short message)



We also understand that this can be a very uncertain and scary time for a lot of people.

Lifeline is available any time of the day or night on:
13 11 14

Lifeline Text is also available nightly, 6pm - midnight (AEDT) on:
0477 131 114

Beyond Blue is available any time of the day or night on:
1300 22 4636

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Phone Health Direct on:
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**Remember:
BE AWARE,
NOT SCARED**

About us

Self Advocacy Sydney helps people with intellectual disability or autism to speak for themselves.

We provide a FREE service and a place where people go to meet, learn, work and train others on how to improve their life.

We support you to make your own decisions, take control of your life, learn about disability issues and be independent as much as possible.



Who can you talk to?

Ross Lewis: 0409 670 119
Angelo: (02) 9622 3005
E-mail: ross@sasinc.com.au

For more information go to our website: <https://www.sasinc.com.au/about-us/>



Self Advocacy Sydney Inc.
Speaking for Ourselves



New Leaders Program



What is the New Leaders Program about?

It supports young people with disability who want to be leaders in the future.

Leaders help other people.

It can help you be a leader:

- At work
- Where you study
- In the community
- With your friends

It is flexible. You can do this training separately if you are working, studying or looking for work.

What things can you learn?

- Speaking up for yourself
- Listening skills
- Gaining confidence in talking to a group of people
- Helping other people with disability. This is called peer mentoring
- Teach people about disability



How will I learn?

By phone or video like Messenger or Facetime. Later it may be in a small group at Blacktown. It will be for an hour every second week.



You will get a certificate when you finish.



What are the selection criteria?

- Be 17 to 30 years old
- Have an intellectual disability or autism
- Want to help other people with disability
- Able to speak up for yourself
- Able to use technology like a smart phone, social media and the internet

Speaking for ourselves since 1986

Suite 214, Level 2, 30 - 32

Our Policy

It's OK to make a complaint about Self Advocacy Sydney (SAS) if you think that:

We did not treat you well, or;

We did not do our job well, or;

SAS is not run well.

What We Will Do

We will listen to you carefully, if you complain.

We will show you how to make a complaint.

We will keep your complaint private.

SAS Contact Details

SAS Executive Board President

Peter Lockyer

E-Mail: info@sasinc.com.au

CEO

Arthur Bozikas

E-Mail: arthur@sasinc.com.au

Phone: (02) 9622 3005

Mobile: 0419 970 206

SAS Co-ordinator

Julie Loblinzk

E-Mail: julie@sasinc.com.au

Mobile: 0419 970 204

How To Make A Complaint

1. **Talk to the person you have a problem with, or;**



2. **Talk to the CEO or any Self Advocacy Sydney Staff Member, or;**

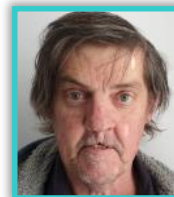
The complaint will be talked about and recorded.

The complaint will be looked into within 5 days.



3. **Talk or write to the SAS President, or;**

This will be reported to the Executive Board



4. **Talk to the following organisations:**

Abuse & Neglect Hotline

Complaints Resolution Referral Service

1800 880 052

Commonwealth Ombudsman's Office

1300 362 072

Department Of Social Services

1300 653 227

Intellectual Disability Rights Services

1800 666 611